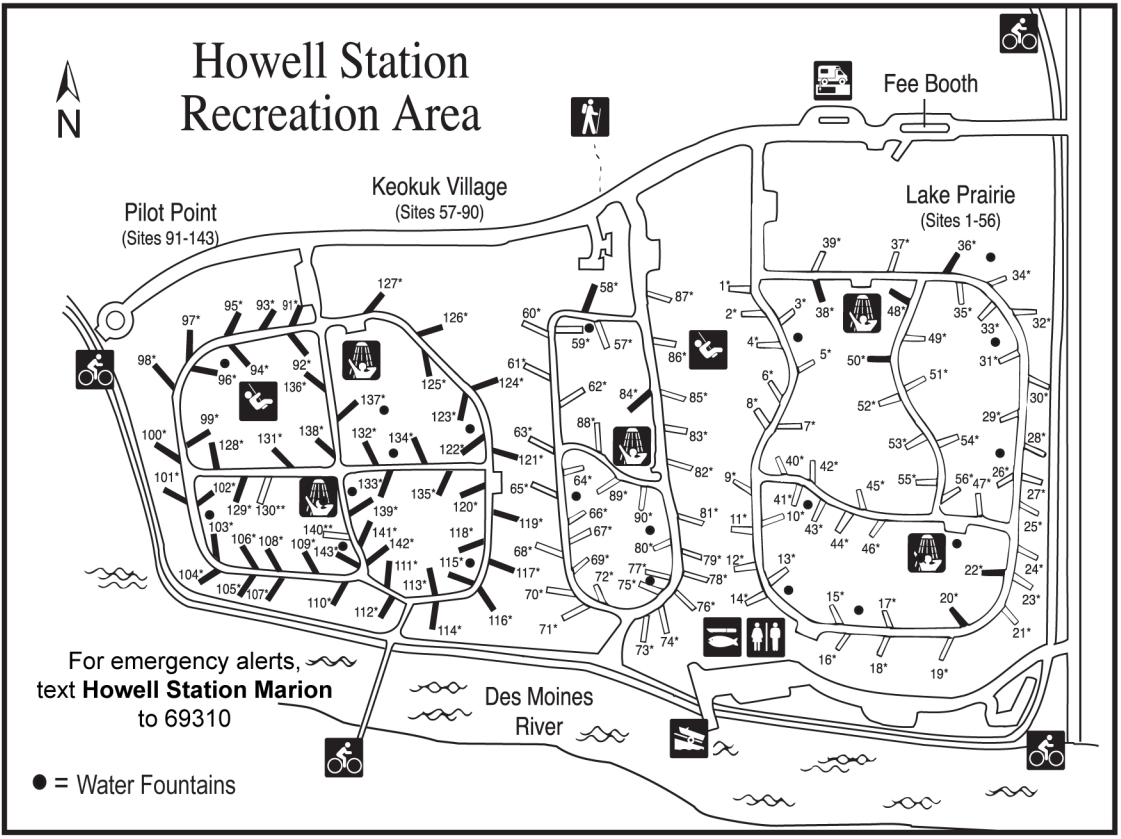Howell Station Recreation Area